Why Community-based Participatory Research?
Southeast Center for Research to Reduce Disparities in Oral Health

Benefits of CBPR

CBPR provides many benefits, to the community as well as to researchers:

- Enhances the relevance and usability of data.
- Improves the quality and validity of research.
- Facilitates participant recruitment and retention.
- Increases community knowledge about issues of concern.
- Provides new resources.
- Forges partnerships with diverse expertise.
- Increases trust and bridges cultural gaps.

Examples

CBPR has been demonstrated to make a quantifiable difference in the access to care and ultimately the quality of life for people who don’t always have a voice in research agenda setting.

- In Detroit, enrollment of children in public insurance programs was increased.  
- In New York, more than 2,500 at-risk immigrants attended culturally sensitive health educational programs.
- In Boston, employees at small businesses were more likely to report increased physical activity and less red meat consumption after participation in a health promotion intervention.

References


